



News and Views



The official Newsletter of the
Coast Guard Spouses' Association of Southeastern Connecticut

USCGA-Chase Hall, PO Box A-25, 15 Mohegan Avenue, New London, CT. 06320

<http://www.cgspouses-sect.org> www.facebook.com/CGSACT

VOLUME 37, ISSUE 2

SEPTEMBER 2010

Please Join us for a Fun filled Evening of Wine and Chocolate

When: September 16th, 2010

Where: hosted by Mrs. Burhoe at Quarters One
One Seneca Drive, Coast Guard Academy

Time 7:30 pm to 9:00 pm

There will be a short informational meeting about the Association to give everyone an idea of what we can do for you and present the different opportunities we have for volunteers.

Please RSVP to :

www.facebook.com/CGSACT Email info@cgspouses-sect.org

Or call Patricia Pruett at 860-245-5583

SECRET PALS

Participating in Secret Pals is a great way to get to know another member of our organization, and it is a great excuse to go shopping (or get crafting!) In May, we get together to reveal ourselves to our pals, eat treats and chat. You will also learn more about the other participating members. It's a great combination of: friends, presents, a reason to shop (or craft) and food!! You will have fun anticipating your gifts each month and thinking of how to secretly deliver your gifts. Please see form on page 4-5 for more information.

Meetings

Our next Executive Board Meeting will be at 6:30 to 7:10 on September 16th. That is right before the Wine and Chocolate. We will then bring the voting items and a brief this is what we did and what we need, to the Wine and Chocolate at 7:30. Anyone who would like to come is welcome. If you are a board member and can't make it please email or call me so I have an idea of what your committee is up to. Our meeting will be in Satterlee Hall in classroom 133.

Bowling Night

On September 26th at 3 pm at the Bowling Alley in Leamy Hall we are holding our first Family Bowling Night of the year. Last year this was a great way for families to come out, have some pizza, bowl a few games, have some fun, and get to know other families in the area! The cost is \$5.00 a person and covers pizza and everything you need for bowling. Drinks are BYOB and some of us bring snacks to share. Hope to see you there.

Clyde's Cider Mill

Lets take a break from the ordinary and visit a national historic landmark and see the 6th generation of Clyde's make cider just like B F Clyde did in 1881. The demonstration starts at 11 so let's meet at 10:30 on October 16th. They have a gift shop along with apple cider and cider doughnuts. What a great way to welcome Fall! Address is 129 N Stonington RD, Old Mystic, CT 06355

LUNCH BUNCH

Lets meet at Caffe NV

The Ballis Family welcomes you to Caffe NV, and wishes you a pleasant dining experience. In the Greek tradition, we offer you our hospitality. We hope, as our guest, you will experience this through our food and service.

For Menu see www.cafenv.com located at 57 Boston Post Rd. Waterford. Wednesday September 15th at 11:30 am. RSVP to Sharnel Duarte 860-326-5405 or sharchar5@yahoo.com.

Need A Babysitter?

Shelby Shelton:
(269) 861-2203

Navy Wife, lives in Groton. Helped during reporting in day.

Haley Auger:
haley8989@hotmail.com

Prefers to be contacted via e-mail.

Courtney LeBlanc
(860) 912-7904

Resume and a brief bio. On request

Nicole Johnson
850-509-448

Resume and a brief bio. On request

Please contact us at info@cagspouses-sect.org for more information on sitters.

Ways and Means

We will be having a table for our ways and means products at Homecoming and Parents Weekend. They are the first two weekends in October. If you can help out please look for the official times on our facebook page later this month or call Trish Pruett @ 860-245-5583

Cadet Cakes

We are always looking for a few good bakers! This is our biggest fundraiser so lets help get those cakes baked. If you would like more information on how to volunteer please email info@cgsouples-SECT.org and we'll get you the information you need. We will also be needing help on Parents Weekend in October to take cake orders from Parents. If you would like to help please see our facebook page later this month for times or call Trish Pruett @ 860-245-5583.

Playgroup

We will be starting up a playgroup later this month. We hope to start Wednesday the 22nd at 10 am. It will be held at the community center across from the Navy Lodge in Groton. The address is Proteus Ave, Groton, CT 06340. Please see the facebook page for any updates.

Thank You

I'd like to give a special thank you to Tiffani Kaminski for all of her hard work on the newsletter the past few years. She always did such a great job I have big shoes to fill. Thanks Tiffani for all you did for us!

I also want to thank all those who helped with the Welcome Picnic. A special thanks to Alexis and Jamie for all the planning work. It was a great success!

Birthdays

Happy Birthday from the CGASECT!

Sept. 3 Angela Glander

Sept. 7 Joan Danielson

Sept. 15 Lee Snyderman

Sept. 16 Melissa Brown

Sept. 22 Jennifer Calhoun

CG SPOUSES' ASSOCIATION 2010-2011 SECRET PAL FORM

Participating in Secret Pals is a great way to get to know another member of our organization, and it is a great excuse to go shopping (or get crafting!) In May, we get together to reveal ourselves to our pals, eat treats and chat. You will also learn more about the other participating members. It's a great combination of: friends, presents, a reason to shop (or craft) and food!! You will have fun anticipating your gifts each month and thinking of how to secretly deliver your gifts.

You are expected to send your secret pal **something every month**, even if it is only a card. Unless noted below, you can use the mail, personal delivery, or 'spousal mail' to exchange your gifts. We ask that you keep the presents to around **\$15 a month or less**. It is not necessary to spend a lot of money to let someone know you're thinking about her. Please give the following questionnaire **an attentive read-thru** and try to buy or make gifts that are special for your particular pal. After all, thoughtfulness is the best present!

You must return this form (*paper copy or electronic*) to **Nova Seals no later than Oct. 1st** in order to participate. You will receive a copy of your Secret Pal's questionnaire by the middle of October. Please make sure that you "contact" your pal within a few days of notification. **Try not to let your Secret Pal know who you are until the 'Reveal Your Pal' party in May!** You can be as creative as you wish, so don't hesitate to be clever in making your own personal gifts.

The CGSA thanks you for your participation! We promise it will brighten your day to receive a little care-package delivered on your doorstep, and that you will look forward to the next delivery, as well!

Nova Seals :: nova_seals@yahoo.com
4 Holly Terrace, New London, CT 06320

Name: _____ Wed. Anniversary: ___/___ #Years? ___ Birthday: ___/___

Address: _____

Email address: _____ Phone# _____

Occupation: (or Jobs Held) _____

Where are you from? _____

Spouse's Name: _____

Where is your spouse's (duty station/)office? _____

What kinds of cars do you & your spouse drive? (*Also to Help with Secret Deliveries!*)

Do you have children? Grandchildren? Names and Ages, please.

Do you have pets? Name and Species, please.

CGSA SECRET PAL FAVORITES

If you could have Lunch Bunch at any restaurant, which one(s) would you pick (local or away)?

Which CGSA activity would you most like to attend: (circle one)

Broadway show in New York

Family Outing to Pick Apples

Crafting event

Lunch Bunch

Cake Frosting Party

Wine and Cheese Social

Your Hobbies: _____

Your favorite places to shop: _____

Favorite Author(s) or Musicians: _____

Favorite Holiday: _____

Favorite Flower Type or Candle Scent: _____

Things you Collect: _____

If you received a 'cadet care package,' you would want it filled with which candy, snacks or drinks?

If you were receiving a cadet cake baked by the CGSA, what flavor would you pick: (circle one)

chocolate cake with chocolate frosting

chocolate cake with vanilla frosting

yellow cake with chocolate frosting

yellow cake with vanilla frosting

Your favorite Sports or Recreational Activities: _____

If you were the Coast Guard Detailer, what would be your family's next duty station:

Your dream vacation would be to: _____

Your favorite Color(s): _____

COLORS AND THEMES IN YOUR:

Living Room: _____ Kitchen: _____

Bedrooms(s): _____ Bathroom(s): _____

Dining Room: _____ Other: _____

Things you like to do in your free time: _____

Things you dislike: _____

Other CGSA members that know your likes and dislikes: _____

Any other helpful info about your personality and what things you enjoy? _____

How about any new and exciting news you'd like to share with your Secret Pal? _____



Coast Guard Spouses' Association of Southeastern Connecticut

Membership Form 2010 - 2011

The US Coast Guard Spouses Association of Southeastern Connecticut strives to provide a friendly atmosphere that promotes the moral and welfare of our Coast Guard personnel and their families.

Membership entitles you to vote on CGSA of SECT related issues, receive e-mail updates, Facebook group website, attend meetings and events as desired.

If you would like to join, please complete this form and return it with your annual dues by October 1, 2010. The membership fee covers your dues for the club year, August 2010-June 2011. Make checks payable to: **CGSA of SE CT**. Please mail the membership form and payment to:

Coast Guard Spouses Association of SECT
ATTN: Membership
USCGA - Chase Hall
P.O. Box A-25, 15 Mohegan Avenue
New London, CT 06320

Membership Type (check one):

_____ **Regular \$25** [All spouses of CG Members & Public Health Service Workers (active, reserve, retired, deceased); CG Members (active, reserve, retired); Spouses of personnel of other services on active duty with the Coast Guard and any other person interested in the purpose of the club, including CGA faculty.]

_____ **Personal Business advertisement in directory and on website \$10** [In addition to Regular, Associate, or Honorary Membership, include business card for ad]

_____ **Honorary Free** [Spouses of former Admirals and Superintendents of CGA residing in CT; Current area Ombudsmen]

Please print the following information:

Please check here if you would **NOT** like your name to appear in the directory

Name _____ Birthday (month/day) _____

Spouse's Name _____ Duty Station _____ Rotation Year _____

Please check here if your spouse is retired

Address _____

City _____ State _____ Zipcode _____

Email address _____

How would you prefer to receive the association's monthly newsletter? Please check one: Mail Email (please be sure to include email address)

Phone number _____ Cell Phone Number (optional) _____

List child(ren) below. If child is interested in providing babysitting, they can be added to our Babysitter list.

Name(s) _____	Year of birth _____	Babysitter Y/N
_____	Year of birth _____	Babysitter Y/N
_____	Year of birth _____	Babysitter Y/N
_____	Year of birth _____	Babysitter Y/N

Please check any activity that you would be interested in. This list is subject to change.

- | | | |
|---|---|---------------------------------------|
| <input type="checkbox"/> Cadet Cakes Bake/Frost | <input type="checkbox"/> Secret Pals | <input type="checkbox"/> Ways & Means |
| <input type="checkbox"/> Crafts | <input type="checkbox"/> Sunshine Meals | <input type="checkbox"/> Bowling |
| <input type="checkbox"/> Hospitality, Luncheons, Socials | <input type="checkbox"/> International Dinner | <input type="checkbox"/> Lunch Bunch |
| <input type="checkbox"/> Care Packages to CG Cutters overseas | | |

Cadet Cakes is a major fundraising activity for the CGSA and we hope everyone might volunteer to bake/frost cakes. Please indicate month(s) you would be willing to bake/frost cakes: _____

Hello,

I can't believe it's almost Fall. I am definitely ready for some cooler weather! I would like to thank everyone who helped out and came to the Welcome Picnic last month. It was a great success and we had people from all different units this year. A huge thanks to Alexis Plank for all the planning and running around she did. The food was catered by Cheesesteak Factory and was delish. The weather decided to bless us with a perfect day, and the kids (and some adults) loved playing in the jumper/slide. I hope everyone had as good a time getting to know each other as I did.

We have some great events coming up. The annual Wine and Chocolate at Quarters One is on the 16th at 7:30 and I hope to see you there. This is a great opportunity to bring prospective members to see what we do. Please RSVP by the 13th so we can plan for food. See next page for membership form. We also have a family bowling night planned for Sunday September 26th from 3-6. We had a lot of fun last year so hope to see you there. Don't forget about Lunch Bunch! It is September 15th. We are always looking for a few good ideas so if you have one (or two) let us know. We have lots of fun things planned this year and I hope you all get to participate. Pass the word to any new spouses you may meet and don't forget to check us out on facebook for up to date information. I look forward to seeing you at our events!

TRISH PRUETT
President

2010-2011 Leadership Roster

Honorary President

Betsy Burhoe

Executive Board

President Patricia Pruett

Vice President Alexis Plank

Treasurer Christy Newell

Recording Secretary Laura Egan

Corresponding Secretary Jennifer Calhoun

Standing Committees

Awards & Scholarships Jill Billiau

Membership Laura Egan

Cadet Cakes Allison McSorley and Megan Bennett Hospitality

News & Views Patricia Pruett

Parliamentarian volunteer needed

Sunshine Allison McSorley

Ways & Means Pat Simpson and Reana Kampe

Special Committees

Babysitting Volunteer Needed

Bowling Janice Norton

Care Packages Meredith Novak

Family Support Fund Jill Billiau

Historian/Publicity Volunteer Needed

Lunch Bunch Sharnel Duarte

MWR Representative Pat Simpson

OCS Representative Volunteer Needed

Retiree Rep. Sue Branagan

Secret Pals Nova Seals

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First Class Postage

Be sure to add info@cgspouses-sect.org to your email address book to ensure that all CGSA emails and newsletters to straight to your inbox.

MARK YOUR CALENDAR!

Executive Board Meeting	Sept. 16th, 6:30pm	Satterlee room 133
General Membership Meeting	Sept. 16th 7:30pm	Wine and Chocolate
Wine and Chocolate	Sept. 16th 7:30-9:00pm	Quarters One
Bowling Night	Sept. 26th 3-6 pm	Leamy Hall Bowling Alley
Lunch Bunch	Sept. 15th 11:30am	Caffé NV
Homecoming	October 1st	
Parents' Weekend	Oct. 8-10th	
Secret Pal Deadline	Oct. 1st	
Clyde's Cider Mill	Oct. 16th 10:00 am	Old Mystic

